

Georgia Tbilisi

Sports Medicine Conference 16.10-18.10





International Conference of Sports Medicine



and

Rehabilitation in Georgia

16-18 October 2020

October 16th – Friday

14:00 – Opening of the conference and the greeting speech – Valeri Akhalkatsi, President of Georgian Sports Medicine Association

14:15 – Utilization of tetrapolar interferential current in treating athletes with shoulder traumatic injury – Ketiv Sivsivadze, Vice-President of Georgian Association of Physical Therapy and Rehabilitation

14:45 – The importance of using static mechanical stretching during the rehabilitation process of knee arthrofibrosis – Valeri Akhalkatsi, President of Georgian Sports Medicine Association

15:15 - Lunch

16:00 – The influence of intense, sport-specific exercises on the changes in heart morphometry – Professor Lela Maskhulia, Tbilisi State Medical University

16:30 – Unknown etiology knee pain in young athletes, Case Study – George Obgaidze, Tbilisi State Medical University

17:00 – The importance of electrocardiographic diagnosing of arrhythmias in athletes during planned screening – Tamar Chutkerashvili, Georgian Sports Medicine Association

17:30 - Discussion

17:45 – Coffee-break

October 17th – Saturday

11:00 – Prevention and management of complications caused by Covid-19 virus in Georgia – Professor Kakhaber Chelidze, First University Clinic of Tbilisi State Medical University

11:30 – Rehabilitation after Covid-19, the role of physical therapy – Lilly Webster, University Clinic of Colorado and Jaclyn Barnes, University of California

12:00 – ACL reconstruction in adolescents, hamstring Vs quadriceps graft and rehabilitation challenges – Ritauras Rakauskas, Lithuanian University of Health Sciences

12:30 – Coffee-break

13:00 – Sport-specific pathologies of the musculoskeletal system: Treatment and rehabilitation methodology – MD Zlotea Iulia, National Center of Sports Medicine, Republic of Moldova

13:30 – Contemporary approaches to the rehabilitative management of idiopathic scoliosis – Nino Gorduladze, Georgian Association of Physical Therapy and Rehabilitation

14:00 – Lunch

15:00 – The battle against doping and new regulations in Georgia – Temur Ukleba, General Secretary of Georgian Anti-Doping Agency

15:30 – Changes caused by Covid-19 in the preparation process of Georgian national teams – Professor Zurab Kakhbrishvili, Doctor of Georgian Olympic teams

16:00 - Contemporary management of patellofemoral joint problems– Professor Levan Chikvatia, Tbilisi State Medical University, Head of traumatology-orthopedy department

16:30 – Closing Ceremony

16:45 – Coffee-break

October 18th - Sunday

12:00 – 14:00 - Web-Conference: Preparing for future sports competitions during the covid-19 virus pandemic; Actual problems associated with testing of athletes for covid-19, sharing existing experience – Zurab Kakhbrishvili, Doctor of Georgian Olympic teams; George Changelia, Chief of medical services of F.C “Lokomotiv” Tbilisi